

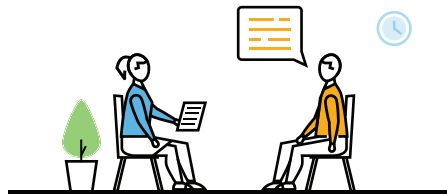
# TOP TEN WAYS MEDICAID HELPS

## AMERICANS WITH MENTAL HEALTH CONDITIONS

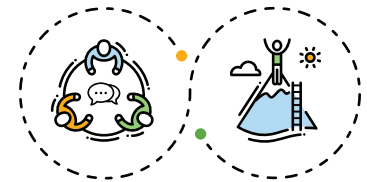
May is National Mental Health Awareness Month, but our partners and other organizations across the country work tirelessly throughout the year to raise awareness around mental health conditions – and why Medicaid is so important to the millions of Americans living with them. **Here are the top 10 facts you should know about how Medicaid helps Americans with mental health conditions.**



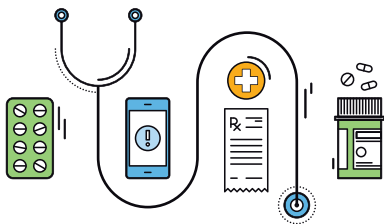
Mental illness impacts nearly **1 in 5 Americans** (43.8 million people).<sup>1</sup>



**10 million Americans** with mental health conditions are covered by Medicaid.<sup>2</sup>



**Medicaid pays for services** like peer support services and programs that promote productivity.<sup>3</sup>



**Many substance use disorder services are covered by Medicaid**, helping people access treatment they need to curb substance abuse and addiction.<sup>4</sup>



**Some states provide home and community-based services** that help people with mental illnesses live independently in their communities.<sup>5</sup>



Americans covered by Medicaid have **much better access to mental health treatment and services** than people who are uninsured.<sup>6</sup>

**Medicaid is the single largest payer of services for Americans with mental health conditions.<sup>7</sup>**



**Children in Medicaid are covered by the Early, Periodic Screening, Diagnosis and Treatment (EPSDT) benefit,** which helps to screen and diagnose mental health conditions early in life so they can be properly treated.<sup>8</sup>



**More Americans with mental illness are able to obtain and maintain employment** thanks to services that offer personal care, transportation and job coaching.<sup>9</sup>



Investments in mental health services by Medicaid help **save money for the criminal justice system and local economies,** as more Americans are able to get the services they need to stay out of jail and continue working.<sup>10</sup>



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1 <https://www.nami.org/Learn-More/Mental-Health-By-the-Numbers>  
 2 <https://www.nami.org/Learn-More/Mental-Health-Public-Policy/National-Policy-Priorities/Medicaid-and-Mental-Health>  
 3 <https://www.nami.org/Learn-More/Mental-Health-Public-Policy/National-Policy-Priorities/Medicaid-and-Mental-Health>  
 4 <https://aspe.hhs.gov/system/files/pdf/190506/BHMedicaidExpansion.pdf>  
 5 <https://www.kff.org/medicaid/issue-brief/medicaids-role-in-financing-behavioral-health-services-for-low-income-individuals/>  
 6 <https://www.kff.org/infographic/medicaids-role-in-behavioral-health/>  
 7 <https://www.kff.org/>  
 8 <https://www.kff.org/medicaid/issue-brief/medicaids-role-in-financing-behavioral-health-services-for-low-income-individuals/>  
 9 <https://www.kff.org/medicaid/issue-brief/medicaids-role-in-financing-behavioral-health-services-for-low-income-individuals/>  
 10 <https://aspe.hhs.gov/system/files/pdf/190506/BHMedicaidExpansion.pdf>